

# Bouncing back ~ building resilience in young people

Youth Health Forum 21<sup>st</sup> May 2008

Please note  
change of venue

**Venue**  
Riverside Theatre, Corner of Church and Market St,  
Parramatta

**Direction to Venue**  
From Brandsmart parking station, you need to walk across  
Church St to the theatre. Please see map on the back of this flyer. If using the train,  
it is 10 - 15 mins walk (approx 1 km) from Parramatta station.

**Cost**  
No Charge (Please note that registration is still required to facilitate catering)  
*This special Youth Health Forum is proudly sponsored by Youth Health  
Forum Organising Committee and Parramatta City Council*

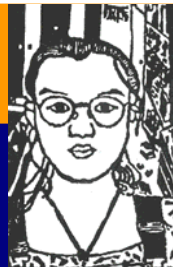
**RSVP:**  
Monday 19<sup>th</sup> May 2008. Complete attached registration form and return by post or fax  
to YHF Organising Committee, NSW Centre for the Advancement of Adolescent Health,  
the Children's Hospital at Westmead, Locked Bag 4001, Westmead NSW 2145

**Parking**  
The closest carpark is the Brand Smart shopping centre carpark. Access is off Phillip  
Street, between the Crowne Plaza and the GE building. (Cost = 4-5 hours : \$13.00  
\$20 max for the day), competitive street parking also available.

**ABN No:** 53 188 579 090 **CAAH website :** [www.caah.chw.edu.au](http://www.caah.chw.edu.au)  
The YHF Organising Committee includes representatives from Children's Hospital  
School, CHW; Department of Adolescent Medicine, CHW; Department of Adolescent  
Medicine at Westmead Hospital, High Street Youth Health Service; NSW Association for  
Adolescent Health; NSW Centre for the Advancement of Adolescent Health, CHW;  
Parramatta City Council; Transcultural Mental Health Centre

This special forum will be chaired and facilitated by  
Parramatta City Council

**Enquiries:** Ms Evelyn Camilleri /Ken Yap  
NSW Centre for the Advancement of Adolescent Health  
*Phone:* (02) 9845 3338/ 0631 *Fax:* (02) 9845 0663/2517  
*Email:* [evelync@chw.edu.au](mailto:evelync@chw.edu.au); [wuiy@chw.edu.au](mailto:wuiy@chw.edu.au)



## Program

- 0800 - 0900 Registration
- 0930 - 0940 Welcome to Country
- 0940 -0950 Welcome and Opening  
Parramatta City Council
- 0950 - 1010 **The Resilience Doughnut**  
Ms Erina Wilkey, Intern Psychologist, Alpha Counselling  
Services. Erina will be speaking on behalf of Ms Lyn Worsley,  
the author of 'The Resilience Doughnut' .
- 1010 - 1030 **Social Foundations of Resilience**  
A/Prof Natalie Bolzan, and Dr Fran Gale, Social Justice Social  
Change Research Centre, University of Western Sydney
- 1030 - 1100 **MORNING TEA & NETWORKING**
- 1100 - 1120 **Strength and Struggle: Working with Young People from  
Refugee Backgrounds**  
Ms Maeve Brown, Baulkham Hills Holroyd Parramatta Migrant  
Resource Centre
- 1120 - 1140 **Universal Prevention-The Resourceful Adolescent Program**  
Ms. Lorraine Cushing, School Counsellor, Saint Ignatius'  
College, Riverview; NSW trainer, The Resourceful Adolescent  
Program
- 1140 - 1200 **Voice of youth**  
Parramatta City Council Youth Advisory Committee members
- 1200 - 1230 Panel Discussion  
Joined by all speakers on the day

This Youth Health Forum has been jointly organised  
and sponsored by the Youth Health Forum Organising  
Committee and Parramatta City Council





**Youth Health Forum  
Wednesday 21<sup>st</sup> May 2008**

**Registration Form**

ABN No: 53 188 579 090

Please note: one person per application form. Please make extra copies as necessary.

Cost: No Charge (Please note that registration is still required to facilitate catering)

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Name: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Contact tel: \_\_\_\_\_ fax: \_\_\_\_\_

Email \_\_\_\_\_

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Please return your registration by post or fax to:

YHF Organising Committee  
NSW Centre for the Advancement of Adolescent Health  
The Children's Hospital at Westmead  
Locked Bag 4001 Westmead NSW 2145

**Tel: 02 9845 3338 Fax: 02 9845 0663/2517**

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