

# Bouncing back ~ building resilience in young people

Youth Health Forum 21<sup>st</sup> May 2008

## 2008 Youth Health Forums

Please note  
change of venue

Keeping young people safe - August 13  
Young People and Mental Health - October 29

Venue : Lorimer Dods Theatre,  
The Children's Hospital at Westmead

Please check out the CAAH website one month prior to the Youth Health Forum dates for topics, detailed programs and registration form.

We look forward to seeing you in the upcoming Youth Health Forums!

ABN No: 53 188 579 090 CAAH website : [www.caah.chw.edu.au](http://www.caah.chw.edu.au)

The YHF Organising Committee includes representatives from Children's Hospital School, CHW; Department of Adolescent Medicine, CHW; Department of Adolescent Medicine at Westmead Hospital, High Street Youth Health Service; NSW Association for Adolescent Health; NSW Centre for the Advancement of Adolescent Health, CHW; Parramatta City Council; Transcultural Mental Health Centre

This special forum will be chaired and facilitated by  
Mr George Mannix, Community Capacity Building Team,  
Parramatta City Council

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## Program

- 0830 - 0930 Registration
- 0930 - 0940 Welcome to Country  
Ms Jacinta Tobin
- 0940 -0950 Welcome and Opening  
Councillor Paul Esber, Deputy Lord Mayor, Parramatta City Council
- 0950 - 1010 [The Resilience Doughnut](#)  
[The Resilience Doughnut handout](#)  
Ms Erina Wilkey, Intern Psychologist, Alpha Counselling Services. Erina will be speaking on behalf of Ms Lyn Worsley, the author of 'The Resilience Doughnut'.
- 1010 - 1030 [Social Foundations of Resilience](#)  
A/Prof Natalie Bolzan, and Dr Fran Gale, Social Justice Social Change Research Centre, University of Western Sydney
- 1030 - 1100 MORNING TEA & NETWORKING
- 1100 - 1120 [Strength and Struggle: Working with Young People from Refugee Backgrounds](#)  
Ms Maeve Brown, Baulkham Hills Holroyd Parramatta Migrant Resource Centre
- 1120 - 1140 [Universal Prevention-The Resourceful Adolescent Program](#)  
Ms. Lorraine Cushing, School Counsellor, Saint Ignatius' College, Riverview; NSW trainer, The Resourceful Adolescent Program
- 1140 - 1200 Voice of youth  
Ms Laura Wilde, Parramatta City Council Youth Advisory Committee member
- 1200 - 1230 Panel Discussion  
Joined by all speakers on the day

This Youth Health Forum has been jointly organised and sponsored by the Youth Health Forum Organising Committee and Parramatta City Council

